

# River Bluffs Farm Produce Sale – Friday May 22 – Sun May 24

## Terra Vita Farms Produce List

Produce List	Description	Price
<b>New Produce Items for this week:</b>		
Amethyst Beans	Great for a Caesar salad or wedge salad	\$4/pint
Yellow Patty Pan Squash	Beautiful yellow patty pans, great sautéed, roasted or grilled; try them raw; sweet and tender	\$4/pint
Carrots	Bunch of 10 medium size sweet orange carrots; great for snacks or roasted for dinner	\$4/bunch
<b>Vegetables</b>		
Purple Broccoli and Cauliflower	Mixed purple broccoli raab and flowering cauliflower bunches	\$4/bunch
Flowering Cauliflower	Flowering cauliflower – delicious, tender & sweet; great sautéed or eaten raw	\$4/head
Snow Peas	Sweet and crunchy flat snow peas – great for pastas, stir-fry or just snacking!	\$4/pint
Radishes	Red and purple round radishes with greens	\$3.50 per ½ lb
<b>Greens and Salad Mix</b>		
Arugula	Nothing compares to the nutty, bitey baby arugula greens	\$4 per 5 oz
Cherokee Lettuce Heads	Romaine-style lettuce head, reds & greens make a beautiful salad	\$5 per ½ lb
Muir Lettuce Heads	Crisp, sweet, and crunchy green lettuce heads	\$5 per ½ lb
Spring Salad Mix	Beautiful mix of Salanova lettuce and sunflower shoots	½ pound - \$6 or 1 lb - \$10
<b>Microgreens</b>		
Happy Heart	Mix of broccoli, kale, cabbage and amaranth microgreens	4 oz - \$6
Spice It Up	Mix of radish, mustard, arugula and mizuna microgreens	4 oz - \$6
Rainbow	Earthy colorful mix of rainbow chard, beet, and amaranth microgreens	2 oz - \$6
Basil	Mix of red and Genovese basil	1 oz - \$6
Thai or Lemon Basil		1 oz - \$6
Arugula or Cilantro		2 oz - \$6
Mustard or Broccoli		4 oz - \$6
Fennel	Mix of fennel and chervil microgreens	2 oz - \$6
<b>Shoots</b>		
Sunflower shoots	Nutty and delicious, great lettuce substitute for anything	5 oz - \$6
Field Pea shoots	Sweet pea flavor, great sautéed or as a lettuce substitute for anything	5 oz - \$5
Tendrill Pea shoots	Fancier version of field pea shoots	5 oz - \$5
<b>Misc</b>		
Oregano Bunches (herb)	Great for sauces, teas, seasoning – <i>fresh cut</i> so please ask when you stop by!	\$4/bunch
Mint Bunches	Fresh cut - make sure you ask for it	\$4 per bunch
Flower Garnish Mix	Fancy up any salad, entrée or cocktail with beautiful edible flowers	\$5 per container

## Red-Tailed Farm Product List and Prices

Product	Price	Product	Price
<b>Pastured Meats</b>		<b>Chicken or Duck Eggs</b>	
Shoulder Steaks (1" slice of Boston Butt)	\$10/lb	Chicken eggs, mixed sizes	\$6/doz
Hot Ground Sausage	\$8/lb	Chicken eggs, jumbo	\$7/doz
Hot Italian Sausage Links	\$10 (4 pack)	Duck eggs	\$6/half dozen
Whole Chicken	\$6/lb	Whole Pekin Duck	\$10/lb
Whole Rabbit	\$10/lb	Meaty Soup Bones	\$5/lb
To Pre-order: Text Juliann @ (704) 491-3149 or Email – infor@red-tailed farm.com			

## Green Drop Farm Product List

<b>6" Potted Plants</b>		
Aristolochia macropylla- Dutchman's Pipe (trellised)		
Passiflora incarnata – Passion Vine (trellised)		
Thunbergia grandiflora – Sky Vine (trellised)		
Salvia Indigo Spires		
St. John's Wort		
Perovskia atriplicifolia – Russian Sage		
<b>3" Peat Pot Tomatoes</b>		
Supersweet 100	Cherokee or Prudens Purple	
German Johnson	Sungold	
Green Zebra	White Cherry	
<b>3" Peat Pot Flowers</b>		
Marigolds Bonanza Mix	Zucchini – One Ball, Golden Glory	Cukes – General Lee, Max Pack, Stripped Armenian
<b>Misc</b>		
2 " Mixed Succulents		