

River Bluffs Farm Produce Sale

Terra Vita Farms Produce List (Fri Jul 31 only)

| Produce List | Description | Price |
|--|--|------------|
| Vegetables | | |
| Red Beets <i>(new!)</i> | Gorgeous beet bunches with greens, all the earthy flavors you can get | \$4/bunch |
| Sweet Bell Peppers <i>(new!)</i> | Delicious green sweet bell peppers for cooking, stuffing or eating raw | 1 lb/\$6 |
| Shishito Peppers <i>(new!)</i> | Delicious sweet pepper great for roasting or blistered, amazing flavor | 1 lb/\$6 |
| Cayenne Peppers <i>(new!)</i> | Great hot pepper for additional heat or making homemade hot sauce | 1 lb/\$6 |
| Pickling Cucumbers | Great cukes for pickling, fermenting or slicing | 1lb/\$4 |
| Cherry Tomatoes | Heirloom sun gold and red cherry tomatoes, sun grown in our fields | 1lb/\$5 |
| Sauerkraut | Truly fermented sauerkraut, loaded with probiotic goodness to keep your immune system strong | \$15/quart |
| Greens and Salad Mix | | |
| Summer Salad Mix | Delicious summer mix of salad greens | 8oz/\$6 |
| Fresh Cut Herbs – please ask when you stop by; cut as ordered | | |
| Lemon Balm | Great tea herb, delicious lemon flavor, very relaxing | \$3/bunch |
| Microgreens | | |
| Happy Heart | Mix of broccoli, kale, cabbage and amaranth microgreens | 4 oz - \$6 |
| Spice It Up | Mix of radish, mustard, arugula and mizuna microgreens | 4 oz - \$6 |
| Rainbow | Mix of rainbow chard, beet, and amaranth microgreens | 2 oz - \$6 |
| Basil | Mix of red and Genovese basil | 1 oz - \$6 |
| Thai or Lemon Basil | | 1 oz - \$6 |
| Arugula or Cilantro | | 2 oz - \$6 |
| Mustard or Broccoli | | 4 oz - \$6 |
| Fennel | Mix of fennel and chervil microgreens | 2 oz - \$6 |
| Shoots | | |
| Sunflower shoots <i>(new!)</i> | Nutty and delicious, great lettuce substitute | 5 oz - \$6 |
| Field Pea shoots | Sweet pea flavor, great sautéed or as a lettuce substitute for anything | 5 oz - \$5 |
| Tendrill Pea shoots | Fancier version of field pea shoots | 5 oz - \$5 |
| Garden Transplants – All \$3 per pot | | |
| Prickly Pear <i>(new!)</i> | Aloe <i>(new!)</i> | |

| Green Drop Product List and Prices | | | |
|--|-------|-------------------------------|-------|
| Product | Price | Product | Price |
| Herbal Tea Blends | \$15 | Herbal Bug Spray | \$12 |
| Healing Salve w/ CBD & other herbals | \$25 | After Sun Infused Aloe Lotion | \$12 |
| Roller Ball Blends: Sweet Garden and Forest Edge | \$15 | CBD Oil 15 mL | \$25 |

