

# River Bluffs Farm Produce Sale (Fri Aug21 only)

## Terra Vita Farms Produce List

Produce List	Description	Price
<b>Mushrooms (new!)</b>		
Shiitake	Log grown; a savory mushroom great for any dish	Quart/\$8
<b>Vegetables</b>		
Red Beets	Gorgeous beet bunches with greens, all the earthy flavors you can get	\$4/bunch
Sweet Bell Peppers	Delicious green sweet bell peppers for cooking, stuffing or eating raw	1 lb/\$6
Shishito Peppers	Delicious sweet pepper great for roasting or blistered, amazing flavor	pint/\$4
Cayenne Peppers	Great hot pepper for additional heat or making homemade hot sauce	Pint/\$4
Baby Arugula Leaf	Nutty, spicy and delicious	5oz/\$4
<b>Fresh Cut Herbs – please ask when you stop by; cut as ordered</b>		
Spearmint	Delicious tea/cocktail herb, very aromatic	\$3/bunch
Lemon Balm	Great tea herb, delicious lemon flavor, very relaxing	\$3/bunch
<b>Microgreens</b>		
Happy Heart	Mix of broccoli, kale, cabbage and amaranth microgreens	4 oz - \$6
Spice It Up	Mix of radish, mustard, arugula and mizuna microgreens	4 oz - \$6
Rainbow	Mix of rainbow chard, beet, and amaranth microgreens	2 oz - \$6
Basil	Mix of red and Genovese basil	1 oz - \$6
Thai or Lemon Basil		1 oz - \$6
Arugula or Cilantro		2 oz - \$6
Mustard or Broccoli		4 oz - \$6
Fennel	Mix of fennel and chervil microgreens	2 oz - \$6
<b>Shoots</b>		
Nasturtium shoots	One of our spiciest micros; if you want some extra spice, these greens are for you!	5 oz - \$6
Sunflower shoots	Nutty and delicious, great lettuce substitute	5 oz - \$6
Field Pea shoots	Sweet pea flavor, great sautéed or as a lettuce substitute	5 oz - \$5
Tendrill Pea shoots	Fancier version of field pea shoots	5 oz - \$5
<b>Garden Transplants</b>		
Prickly Pears	Spearmint	Aloe

<b>Red-Tailed Farm Product List and Prices</b>			
Product	Price	Product	Price
<b>Pork</b>		<b>Eggs</b>	
Bacon	\$15/lb	Mixed sizes	\$6/doz
Smoked Kielbasa	\$12 5-pack	Jumbo	\$7/doz
Pork Chops	\$14/lb		
Shoulder Steaks	\$10/lb	<b>Goat</b>	
Hocks	\$9/lb	Ground Goat	\$20/lb
<b>Chicken</b>			
Whole Chicken	\$6/lb	Chicken Legs	\$8/lb
Chicken Breasts	\$10/lb	Chicken Wings	\$7/lb
To Pre-order: Text Juliann @ (704) 491-3149 or Email – infor@red-tailed farm.com			